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# MOTHER ANGELICA'S ROSARY MEDITATIONS



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“Prayer is your heartbeat in rhythm with His.”  
~ Mother Angelica



In the 1970s, Mother Angelica wrote a mini-book titled *My Life in the Rosary*, with meditations on the Joyful, Sorrowful, and Glorious Mysteries of the Rosary. Those meditations were later printed in the book *Praying with Mother Angelica* (EWTN Publishing, 2016). St. John Paul II promulgated the Luminous Mysteries in 2002, when Mother Angelica's health did not allow her to write further reflections. Therefore, *Praying with Mother Angelica* includes reflections on the Luminous Mysteries that were taken from her teachings and written in Mother's "style." This eBook includes short excerpts from those meditations on the Joyful, Luminous, Sorrowful, and Glorious Mysteries of the Most Holy Rosary.

Meditations taken from *Praying with Mother Angelica*  
(EWTN Publishing, 2016). Available from EWTN  
Religious Catalogue: [ewtnrc.com](http://ewtnrc.com), Item #80008.  
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## Table of Contents

The Joyful Mysteries .....	4
The Luminous Mysteries .....	6
The Sorrowful Mysteries .....	8
The Glorious Mysteries .....	10





*The Joyful Mysteries*

### The Annunciation

***"Hail, full of grace, the Lord is with you!" – Luke 1:28***

When the darkness of sin covered mankind, your love and humility, kind Mother, turned the face of the Father toward His erring children. Although the message of the angel was difficult for you to understand, you accepted the will of God with trust and love.

### The Visitation

***"When Elizabeth heard the greeting of Mary, the babe leaped in her womb; and Elizabeth was filled with the Holy Spirit." – Luke 1:41***

What impulse of love made you hurry to visit your cousin Elizabeth, kind Mother? At a moment when you had every right to rest in the jubilant news that you would be the Mother of the Messiah, you left the place of your exaltation.

### The Nativity

***"And she gave birth to her first-born son and wrapped him in swaddling cloths, and laid him in a manger, because there was no place for them in the inn." – Luke 2:7***

Sweet Mother, we want to take our place with the shepherds to tell Jesus of our love and gratitude. We want to reach out to the men of all nations just as the Infant reached out to the Wise Men of the East... Obtain for us the grace to see Jesus in the lowly and offer Jesus to the forgotten.

### The Presentation

***"When the time came for their purification according to the law of Moses, they brought him up to Jerusalem to present him to the Lord." – Luke 2:22***

Kind Mother, did another Magnificat rise to your lips as you walked up the Temple steps to present Jesus to the Father? What must have been your joy as you gave Jesus to Simeon! Were you expecting this man of God to prophesy the great things this Child would accomplish?

### The Finding of the Child Jesus in the Temple

***"After three days they found him in the temple, sitting among the teachers, listening to them and asking them questions." – Luke 2:46***

Kind Mother, we cannot conceive the agony of your pure heart as you looked for your Child for three days. The unspeakable torture of wondering what you had done wrong must have pierced your soul to its very core.





# The Luminous Mysteries

### The Baptism of Jesus

***"Then Jesus came from Galilee to the Jordan to John, to be baptized by him."***

**– Matthew 3:13**

Dear Jesus, You were baptized with water, one of the commonest of all substances. Your grace, Your love, Your Spirit – they are all superabundant and available to all who ask for them. I ask You to open my heart to Your infinite and gracious love.

### The Wedding at Cana

***"This, the first of his signs, Jesus did at Cana in Galilee, and manifested his glory; and his disciples believed in him."*** – John 2:11

At Cana, dear Jesus, Your public ministry began with a quiet miracle at a joyful celebration. This moment was both an echo of the Incarnation and a presaging of the Eucharist and the Passion... Just as You turned water into wine and You turn wine into blood, turn my broken humanity into a vessel of holiness.

### The Proclamation of the Kingdom

***"Now after John was arrested, Jesus came into Galilee, preaching the gospel of God, and saying, 'The time is fulfilled, and the kingdom of God is at hand; repent, and believe in the gospel.'" – Mark 1:14-15***

Dear Jesus, You preached the Good News of repentance and the Kingdom of God even though You knew it would bring ridicule, and ultimately Your Passion... Build up in me the childlike trust in You that is essential to enter Your Kingdom.

### The Transfiguration

***"And he was transfigured before them, and his face shone like the sun, and his garments became white as light."*** – Matthew 17:2

Transfigured Lord, help me to love You and to praise You and to trust You not only in those beautiful moments on the mountaintop but also in the dark times in the valley. Your will is always perfect, both when it bathes me in light and when it feels as if the darkness will never abate.

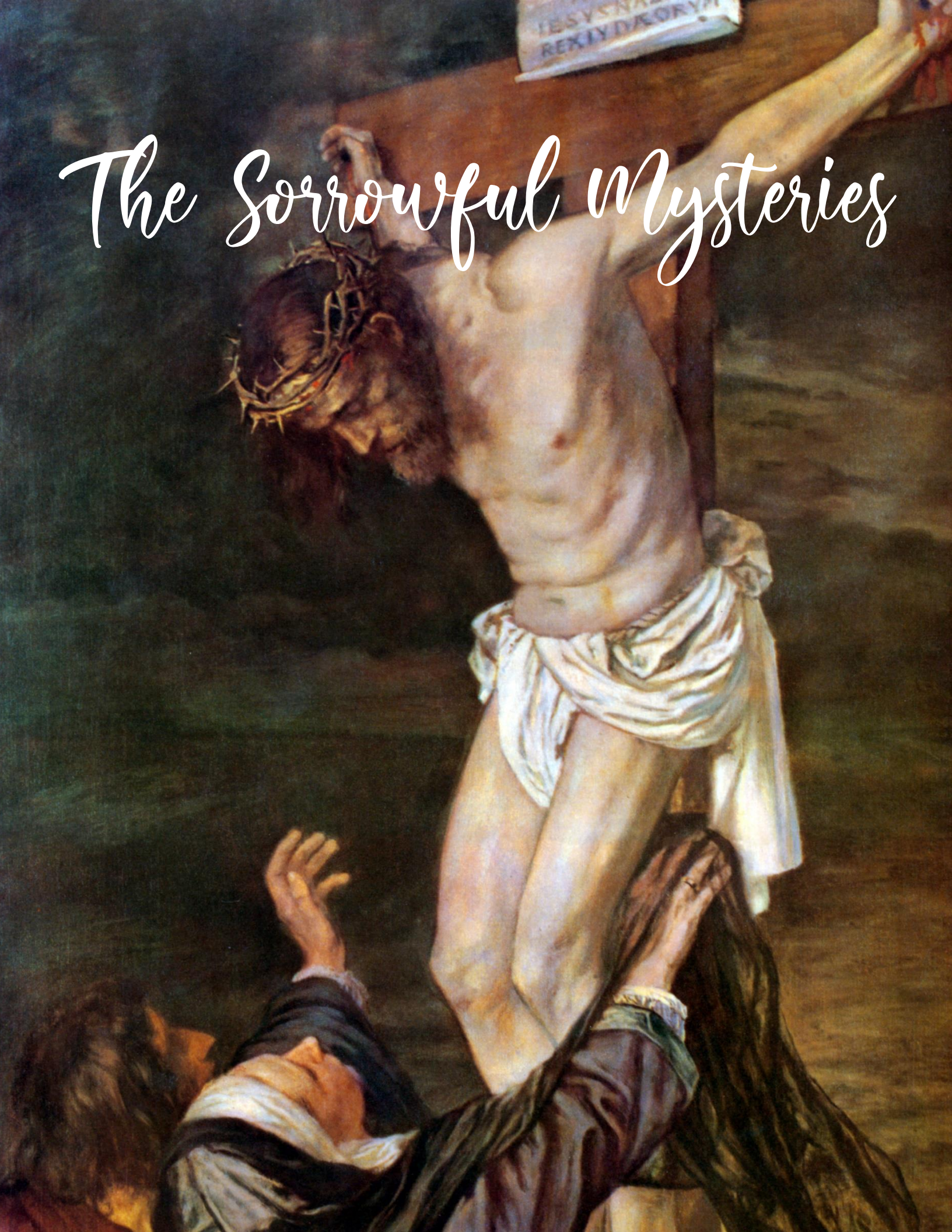
### The Institution of the Eucharist

***"And he took bread, and when he had given thanks he broke it and gave it to them, saying, 'This is my body which is given for you. Do this in remembrance of me.'" – Luke 22:19***

Lord God, if I truly appreciated the majestic humility of the Eucharist, if I fully grasped the opportunity to participate in Your very nature, it would change my life forever. Strengthen my love and my gratitude for this tremendous gift. Give me the faith to understand that the Eucharist makes everything possible.



# The Sorrowful Mysteries





### The Agony in the Garden

***"Then Jesus went with them to a place called Gethsemane.... And taking with him Peter and the two sons of Zeb'edee, he began to be sorrowful and troubled." – Matthew 26:36-37***

My Jesus, You told Your apostles many times that You looked forward to the final hour of redemption, and yet as You foresaw the sufferings to come, You shuddered with fear and anguish of soul... Help me to do the Father's will with Your generosity and to accept a negative reply with Your love.

### The Scourging at the Pillar

***"Then Pilate took Jesus and scourged him." – John 19:1***

The pain of this suffering often escapes me, dear Jesus. I forget that this incident was not only painful but humiliating. Each stroke of the whip made You wince with pain, and the gaze of the onlookers made You feel like "a worm and no man" (Ps. 22:6).

### The Crowning with Thorns

***"And plaiting a crown of thorns they put it on his head, and put a reed in his right hand." – Matthew 27:29***

Were the tiny thorns that pricked Your head the worries I permit to choke Your Word from my mind? Were the resentments I cherish in my memory the reed that struck Your head? And when the spittle ran down Your face, did my arrogance make You cry?

### The Carrying of the Cross

***"So they took Jesus, and he went out, bearing his own cross, to the place called the place of a skull." – John 19:17***

You loved me enough, dear Jesus, to take upon Your bleeding shoulders the wood of Your Cross... Help me, my Jesus, to carry my cross with joy, keeping my eyes always on the Father's will.

### The Crucifixion

***"And when they came to the place which is called the Skull, there they crucified him." – Luke 23:33***

You gave Your life for me when I was a sinner. You loved me, dear Jesus, before I saw the light of day or felt the gentle breeze upon my cheek. You have suffered and died for me, hounded and pursued me, inspired and drawn me.





# The Glorious Mysteries

### The Resurrection

***"He has risen, he is not here; see the place where they laid him."*** – Mark 16:6

Jesus, the joy of your Resurrection fills my soul with exultation and the realization that my body, too, will rise someday. Like Your five wounds, my suffering will also shine for all to see. The wisdom of the Father will be glorified forever as all men see how His plan and will in my life marked out the glory that would be mine for all eternity.

### The Ascension

***"So then the Lord Jesus, after he had spoken to them, was taken up into heaven, and sat down at the right hand of God."*** – Mark 16:19

Dear Jesus, I find the day You ascended to the Father a sad day. It resembles my soul when, after experiencing Your presence, it is plunged into a state of dryness... Help me to realize that when I feel Your presence, You are consoling me, but when I do not feel that presence and I continue a life of love and virtue, I am consoling You.

### The Descent of the Holy Spirit

***"And they were all filled with the Holy Spirit."*** – Acts 2:4

Holy Spirit, give me an increase of Your gifts and the grace that ensures Your presence in my soul. Give me an awareness of the divine indwelling, a realization of how much the Father loves me, and transform my soul into a perfect image of Jesus.

### The Assumption

***"Hear, O daughter, consider, and incline your ear; forget your people and your father's house; and the king will desire your beauty.... The princess is decked in her chamber with gold-woven robes; in many-colored robes she is led to the king."*** – Psalm 45:10-11, 13-14

Mary, my Queen and Mother, I rejoice that your pure body – the Ark of the Covenant before His birth, and a temple of the Lord at His Resurrection – rose from death in anticipation of the general resurrection... Let your Assumption into Heaven give me the assurance and courage to be a Christian in word and deed.

### The Coronation

***"And a great portent appeared in heaven, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars."*** – Revelation 12:1

Your heart was pierced with seven sorrows during your earthly pilgrimage. Now twelve stars circle your head, and the moon is under your feet. Obtain for me, dear Mother, the grace I need to enter His Kingdom one day and be crowned with the crown of holiness.

